
SPIRITUAL INTELLIGENCE AMONG POST GRADUATE COLLEGE STUDENTS

Dr. Huma Sheikh

Guest Faculty, Jai Narain Vyas University, Jodhpur

ABSTRACT

The present study aimed to know the spiritual intelligence among post graduate college students. It also aimed to check spiritual intelligence with reference to gender and residence area. The Roqan Spiritual Intelligence Test (RSIT) prepared by Prof. Roquiya Zainuddin and Ms. Anjum Ahmed (2010) was used. The sample constituted total 120 post graduate college students out of which 60 were from boys students (30 urban area and 30 rural area) and 60 from girl students (30 urban area and 30 rural area). The data was collected from normal population of Jodhpur District. The data was scored, analyzed as per the manual. The 'F' test was being calculated. The result showed that 1.. The boys post graduate college students is having more spiritual intelligence than girls post graduate college students group, 2.. There is no significant difference between the mean score of the spiritual intelligence among post graduate college students of urban area and rural area and 3.. The boys post graduate college students of urban area group is having more spiritual intelligence than girls post graduate college students of urban area group.

Keywords: *Spiritual Intelligence, Boys and Girls, Students of Urban Area and Rural Area*

Today Spiritual Intelligence is an emerging topic between academicians and research scholars in the present time. This paper attempts to develop a positive attitude toward spiritual intelligence and identify the factors responsible for strengthening or influencing it. Today the field of psychology has shown a tendency towards the spiritual dimensions and wide horizons for extended research have spread that can reflect the profound influence of spiritual forces on the human body and mind and make clear the importance of spiritual intelligence. For researchers and mental health professionals, spiritual approaches to health and sciences have recently been emphasized. Some research studies have paid to the effect of spirituality on the overall health of individuals. Mental health professionals have recognized the power of spiritual intelligence, some of which is defined as the capacity to feel, understand, and present the highest part of themselves, others, and the world around them.

Spiritual Intelligence (SQ)

According to Webster's dictionary the word "Spirit" defines as "the animating or vital principle: that which gives life to the physical organism in contrast to its material elements: the breath of life". Wigglesworth et al., (2012) defines spiritual intelligence as "the ability to behave with wisdom and compassion, while maintaining inner and outer peace, regardless of the situation".

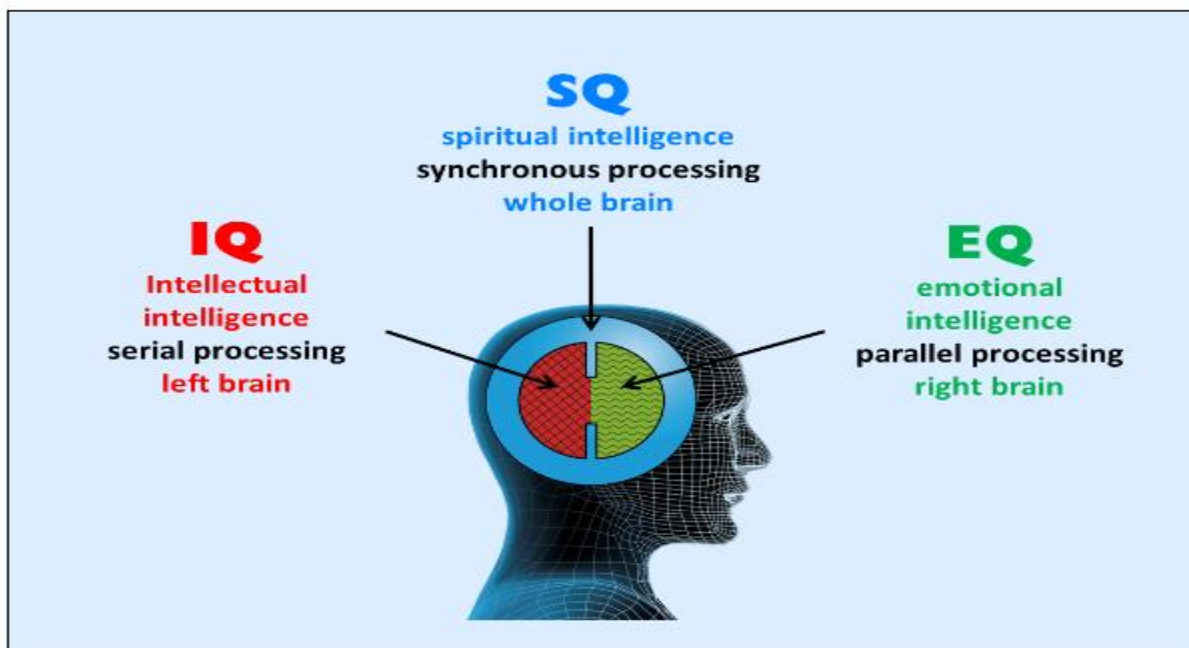
Definitions of Spiritual Intelligence :-

Richard Wolman (2001) "Spiritual Intelligence is the human capacity to ask ultimate questions about the meaning of life and to simultaneously experience the seamless connection between each of us and the world in which we live".

Amram and Dryes (2007) "Spiritual intelligence is he set of abilities and the individuals use to apply manifest and embody spiritual daily functioning and well being".

Cindy Wigglesworth (2012) "Spiritual intelligence is the ability to act with wisdom and compassion, while maintaining inner and outer peace, regardless of the circumstances"

Spiritual intelligence is a higher dimension of intelligence beyond the ego that has access to the mature qualities and advanced capabilities of the true self, in the form of wisdom, compassion, integrity, joy, love, creativity, and peace. Spiritual intelligence uncovers a deeper sense of meaning and purpose, and improves a wide range of important life skills and work skills.



Meaning of Spiritual Intelligence :-

Spiritual intelligence is a higher dimension of intelligence. Spiritual intelligence is our self, intuitive sense of meaning and value and it is also our guide. Spiritual intelligence suggests us to integrate the interpersonal and the intrapersonal and it helps in reducing the distance between self and outer world. Spiritual intelligence helps to eradicate ego, stress, frustration and ill thinking. Spiritual intelligence is the part of whole intelligence. Spiritual intelligence is related with how we grow and develop the qualities of understanding of ourselves and understanding of all other lives and universe also.

Spiritual intelligence develops love, peace, patience, trust, and self-control and it helps the human being to come out of a stressful situation. It is soul's intelligence. With SQ, people become more aware of themselves and for the universe and to understand their place and purpose of life. High SQ people look at the broader aspect of the situation, problems and use appropriate techniques to solve and change it. People with SQ are always full of enthusiasm, happiness, energy and patience. For effective use of EQ, IQ is the fundamental need. People cannot think effectively and accurately without proper use of EQ, but some scholars accept that the third intelligence also exists in the human mind. According to Danah Zohar “spiritual intelligence refers the intelligence which is related to problems and solution of meaning and values. By the spiritual intelligence people can place own activity and life in wider, meaningful pattern. Spiritual intelligence is our supreme intelligence.

Kumud Kumari (2023) findings of the study revealed that there is no significant difference between male and female students on Conscious State Expansion, Critical Existential Thinking, Personal Meaning Production and Transcendental Awareness of Spiritual Intelligence Self Report Inventory (SISRI-24). The study concluded that there is no gender difference on spiritual intelligence.

Objective

The objectives are:

1. To know whether spiritual intelligence is more among boys and girls.
2. To know whether spiritual intelligence is more among post graduate college students of urban area and rural area.
3. To know whether there is any difference among the spiritual intelligence among post graduate college students gender and area.

METHODOLOGY

Hypothesis

1. There will be no significant difference between mean score of the spiritual intelligence among boys and girls.
2. There will be no significant difference between mean score of the spiritual intelligence among post graduate college students of urban area and rural area.
3. There will be no significant difference between interactive effect of mean score of the spiritual intelligence among gender and area.

Sample

The sample of the present study constituted total 120 post graduate college students out of which 60 were from boys students (30 urban area and 30 rural area) and 60 from girl students (30 urban area and 30 rural area).

Research Design

A total sample of 120 post graduate college students equally distributed between gender and area from Jodhpur District selected for the research study.

Showing the table of Sample Distribution

Area	Gender		Total
	Boys	Girls	
Urban Area	30	30	60
Rural Area	30	30	60
Total	60	60	120

Variable

Independent Variable

1. **Gender** : Boys and Girls.
2. **Type of Area** : Urban Area and Rural Area.

Dependent Variable : Spiritual intelligence Score.

Tools

The Roqan Spiritual Intelligence Test (RSIT) prepared by Prof. Roquiya Zainuddin and Ms. Anjum Ahmed (2010) was used. The scale consists of 60 items related to following six dimension i.e. (1) The Inner Self (2) The Interself (3) Biostoria (4) Life Perspectives (5) Spiritual Actualization and (6) Value Orientation. The test consisted 78 items. The scale is rated as Likert rating rating type and judged on five (5) points scale The points strongly agree, agree, undecided, disagree and strongly disagree are rated as 5, 4, 3, 2, 1 respectively. Cronbach's Alpha Coefficient computed is.73, and the Guttman Split- Half coefficient calculated is 0.70. This shows that the test has a high reliability. The reliability index was calculated, which indicated high validity on account of being 0.85.

Procedure

The permission was granted from various post graduate college students for data collection from Jodhpur District after the establishment of rapport, personal information and the ‘Roqan Spiritual Intelligence Test (RSIT)’ was administrated the data was collected, scored as per the manual and analyzed. The statistical method ‘F’ ANOVA test was calculated and results were interpreted.

Result and DISCUSSION

Table : 1 The Table showing sum of variance mean ‘F’ value and level of significance of gender and area.

Sum of Variance	Df	Mean	F-value	Sign. Level
SS _A	1	19304.03	19.16	0.01
SS _B	1	70.53	0.07	N.S.
SS _{A*B}	1	8944.13	8.87	0.01
SS _{Error}	116	1007.73	—	—
SS _{Total}	119	19304.03	—	—

*0.05=3.92, **0.01=6.84, N.S.= Not Significant

A = Gender,

B = Area

A₁ = Boys

B₁ = Urban Area

A₂ = Girls

B₂ = Rural Area.

Table : 2 The Table showing the Mean Score of spiritual intelligence among boys and girls.

	A (Gender)		‘F’ value	Sign.
	A ₁ (Boys)	A ₂ (Girls)		
M	262.77	237.40	19.16	0.01
N	60	60		

The above table no.2 shows the mean score of spiritual intelligence among boys and girls. The mean score of boys post graduate college students group is 262.77 and girls post graduate college students group is 237.40. The ‘F’ value is 19.16 is significant at 0.01 level. This means that the two group interaction effect under study differ significantly in relation to spiritual intelligence and gender. It should be remembered here that, according to scoring pattern, higher score indicate higher spiritual intelligence. Thus from the result it could be said that, the boys post graduate college students is having more spiritual intelligence than girls post graduate college students group. Therefore the hypothesis no.1 that, “There is no significant difference between the mean score of the spiritual intelligence among boys and girls” is rejected.

Table : 3 The Table showing the Mean Score of spiritual intelligence among college students of urban area and rural area

	B (Area)		‘F’ value	Sign.
	B ₁ (Urban Area)	B ₂ (Rural Area)		
M	250.85	249.32	0.07	N.S.
N	60	60		

The above table no.3 shows the mean score of spiritual intelligence among post graduate college students of urban area and rural area. The mean score of post graduate college students of urban area group is 250.85 and post graduate college students of rural area group is 249.32. The ‘F’ value is 0.07, which was found to be not-significant. The hypothesis no.2 that, “There is no significant difference between the mean score of the spiritual intelligence among college students of urban area and rural area” is accepted

Table : 4 The Table showing the interactive effect of the Mean Score of spiritual intelligence among gender and area.

			A		‘F’ value	Sign.
			A ₁	A ₂		
M	B	B ₁	272.17	229.53	8.87	0.01
		B ₂	253.37	245.27		
N			60	60		

The above table shows the interactive effect of the spiritual intelligence among gender and area. The result was found to be significant from table no.4 shows that ‘F’ value 8.87 is significant at 0.01 level. This means that the two group interaction effect under study differ significantly in relation to spiritual intelligence, gender and area. The mean score is 272.17 for the boys post graduate college students of urban area group, the mean score is 253.37 for the boys post graduate college students of rural area group, the mean score is 229.53 for the girls post graduate college students of urban area group, and the mean score is 245.27 for the girls post graduate college students of rural area group. It should be remembered here that, according to scoring pattern, higher score indicate higher spiritual intelligence. Thus from the result it could be said that boys post graduate college students of urban area group is having more spiritual intelligence than girls post graduate college students of urban area group. Therefore the hypothesis no.3 that, “There is no significant difference between interactive effect of the mean score of the spiritual intelligence among gender and area” is rejected.

CONCLUSION

1. The boys post graduate college students is having more spiritual intelligence than girls post graduate college students group.
2. There is no significant difference between the mean score of the spiritual intelligence among post graduate college students of urban area and rural area.
3. The boys post graduate college students of urban area group is having more spiritual intelligence than girls post graduate college students of urban area group.

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